



Physical Education at St Chad's

"An active mind cannot exist in an inactive body." (George S Patton)

Aims (Intent)

At St Chad's, we understand that physical health and mental wellbeing are interlinked: good physical health contributes to good mental wellbeing, and vice versa. This is why we are committed to ensuring that our children's physical health, well-being and emotional and social understanding are at the heart of our curriculum design. We strive to create a culture which aims to inspire an active generation to enjoy PE, encourage each other and achieve.

Organisation (Implementation)

Physical activity is vital in children's all-round development, enabling them to pursue happy, healthy and active lives. Gross and fine motor experiences develop incrementally throughout early childhood and provide the foundation for developing healthy bodies and social and emotional well-being. At St Chad's, PE is taught from Reception upwards with the support of Progressive sports.

Progressive sports use an interactive Physical Education resource (Complete PE) to support the implementation of a High-Quality Physical Education Curriculum. This resource covers the National Curriculum, with a focus in every lesson on supporting and developing social, emotional and cognitive skills.

At St Chad's, we value the importance of subject expertise. Funded through our Sports Premium grant, a member of Progressive Sports works in our school on a weekly basis alongside teaching staff during PE lessons. By team teaching, we are able to upskill and develop teacher's knowledge and skills for long-term future sustainability. As a school, we understand and embrace the wonderful pathway into extracurricular activities that PE brings. With the support of Progressive Sports, we run weekly lunchtime and after school clubs. We are committed to delivering a *choice* of after school physical activities.

At St Chad's all lessons are planned through Complete PE and taught in line with the scheme of work, as developed by the PE coordinator, ensuring the potential for pupils' progression. Each Child has a minimum of two hours Physical Education lessons a week. Lessons and activities build upon pupils' prior learning, developing their skills, knowledge and understanding within each activity area. St Chad's uses long-term and short-term plans for delivery of the PE curriculum – these are follows:

- Long-term: Includes the PE topics studied in each term during the key stage.
- Short-term: Includes the details of work studied during each lesson.

The PE coordinator is responsible for reviewing and updating long-term plans, and communicating these to teachers. Teachers are responsible for reviewing and updating short-term plans and building on the medium-term plans, considering pupils' needs and identifying the methods through which topics could be taught. Pupils will be encouraged to evaluate their own performance, as well as the performance of others. The PE coordinator will act as the first point of contact for staff members planning PE lessons or sporting events with the support of Progressive Sports.

At St Chad's we have a PE kit which is practical, comfortable, appropriate to the activity involved and affordable. All children come to school in their PE kit and jewellery is not permitted.

Assessment and Recording of Work (Impact)

At St Chad's pupils will be assessed through observations made during lessons. Teachers then record this information on the Complete PE assessment tracker. Each lesson records progress against learning objectives for the lesson. Pupils will be assessed as emerging, expected or exceeding. Throughout the year, teachers will plan on-going assessment opportunities in order to gauge whether pupils have achieved the key learning objectives. Individuals' assessment information will be recorded to help pupils' future teachers assist in the assessment of pupils progress each year. Parents will be provided with a written report about their child's progress during the summer term every year. This will include information on pupils' attitudes towards PE, understanding of methods, investigatory skills and the knowledge levels they have achieved. The progress of pupils with SEND will be supported by the SENCO.